



## Dignity IN CARE

### The Patient Dignity Inventory (PDI)

For each item, please indicate how much of a problem or concern these have been for you within the last few days.

1 = NOT A PROBLEM

2 = A SLIGHT PROBLEM

3 = A PROBLEM

4 = A MAJOR PROBLEM

5 = AN OVERWHELMING PROBLEM

- 1 Not being able to carry out tasks associated with daily living (e.g., washing myself, getting dressed)
- 2 Not being able to attend to my bodily functions independently (e.g., needing assistance with toileting-related activities)
- 3 Experiencing physically distressing symptoms (e.g., pain, shortness of breath, nausea)
- 4 Feeling that how I look to others has changed significantly
- 5 Feeling depressed
- 6 Feeling anxious
- 7 Feeling uncertain about illness and treatment
- 8 Worrying about my future
- 9 Not being able to think clearly
- 10 Not being able to continue with my usual routines
- 11 Feeling like I am no longer who I was
- 12 Not feeling worthwhile or valued
- 13 Not being able to carry out important roles (e.g., spouse, parent)
- 14 Feeling that life no longer has meaning or purpose
- 15 Feeling that I am not making a meaningful and/or lasting contribution in my life
- 16 Feeling that I have “unfinished business” (e.g., things that I have yet to say or do, or that feel incomplete)
- 17 Concern that my spiritual life is not meaningful
- 18 Feeling that I am a burden to others
- 19 Feeling that I don’t have control over my life
- 20 Feeling that my illness and care needs have reduced my privacy
- 21 Not feeling supported by my community of friends and family
- 22 Not feeling supported by my health care providers
- 23 Feeling like I am no longer able to mentally “fight” the challenges of my illness
- 24 Not being able to accept the way things are
- 25 Not being treated with respect or understanding by others